



# RELAY FOR LIFE

## Penguin

### Event Program

21-22 March 2026 | 1pm - 9am  
Penguin Athletics Centre



PRINCIPAL SPONSOR



# Welcome to Relay For Life

## A message from the CEO

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Thank you for joining us to celebrate another amazing year of Relay For Life.

Relay For Life is more than a fundraising event. It's an experience.

With more than 11 Tasmanians receiving a cancer diagnosis every day, it will be hard to find someone at this event who has not been impacted by cancer. And over the next **XX** hours, we will stand together to celebrate the survivors, remember our loved ones, and fight back against cancer.

It is an experience that will stay with you. Thank you for being here with us.

Thank you also for your fundraising efforts. More than 85% of the funding for our programs and services comes from the generosity of Tasmanians - through fundraising, donations and gifts in Wills. Cancer Council Tasmania would not exist without this community support. All the funds raised from Relay For Life stay in Tasmania and are invested into cancer prevention programs, research and a range of supportive care services which include personalised emotional support, practical support such as transport and wigs, complementary therapies, financial assistance, peer support and activity-based groups.

Together we can make a difference.

Relay For Life is for our community, because of our community. Thank you to the volunteer organising committee and the many other volunteers who have given up their time to make this Relay a truly memorable event. Thank you also to our local and statewide sponsors for their financial and in-kind support, we could not do this without you.

On behalf of the Tasmanians we support, thank you for supporting us.

See you on the track!

**Alison Lai**

Chief Executive Officer



# Thank you from the Committee

## A message from your Chairperson

On behalf of the Penguin Relay For Life Organising Committee I would like to thank all Relayers, volunteers and supporters for their participation in and contribution to Cancer Council Tasmania's 2026 Penguin Relay For Life. This event happens because of the efforts of many people right across the North West and West Coast communities.

Relay For Life is not just an event. I've heard it described as an experience, a movement, a purple army and it's really the best example of community coming together to support one another.

It's remarkable to consider that this is the 26th year of Relay For Life in Tasmania and I can't help to wonder how great it would be that we didn't need to Relay For Life because cancer didn't impact our family, friends and community.....but it does, and all too often.

So, for another year, our community comes together here at Penguin to provide an opportunity for us all to recognize and celebrate cancer survivors and their carers, to support those currently battling cancer and to honour and remember those lost to cancer.

It is also an opportunity for our Relay For Life community to continue to Fight back against cancer. Penguin Relay For Life fundraising provides essential funding for Cancer Council Tasmania's prevention, information and support services.

I would like to thank all the hard-working Committee, our local Cancer Council Tasmania staff and the volunteers that bring the Penguin Relay For Life together each year.

We know that many hands make light work. We're a friendly bunch and would welcome anyone that can spare some time to help bring the event together in the future as part of our committee. We also welcome any feedback or suggestions you have, so please come and have a chat.

It is wonderful to see everyone continuing to support Cancer Council Tasmania's Penguin Relay For Life. I hope you have an enjoyable Relay.

### Phil McCulloch Chairperson



### Your 2026 Penguin Relay For Life Volunteer Committee Members:

Interested in joining the committee, to bring Relay For Life back in 2027?  
Chat to a committee or staff member today.

# Entertainment Schedule

TIME	ACTIVITY	LOCATION
<b>Saturday 1pm</b>	<b>Opening Ceremony</b>	<b>Main Stage</b>
<b>1.15pm</b>	<b>First lap led by Ulverstone Municipal Band, stationary for 2<sup>nd</sup> lap</b>	<b>On Track</b>
<b>1.25pm - 1.55pm</b>	<b>Daniel Lebkowski</b>	<b>Main Stage</b>
<b>2.10pm - 2.40pm</b>	<b>Caitlin Johnston with Lily Besnard &amp; Chalize Johnston</b>	<b>Main Stage</b>
<b>2.55pm -3.45pm</b>	<b>Dan Quaile</b>	<b>Main Stage</b>
<b>4.15pm - 5pm</b>	<b>Right On Cue</b>	<b>Main Stage</b>
<b>5pm - 5.45pm</b>	<b>RFL Jukebox</b>	<b>On Track</b>
<b>5.50pm - 6.10</b>	<b>Alyvia &amp; Oscar</b>	<b>Main Stage</b>
<b>6.25pm - 6.55pm</b>	<b>Black Current Tango</b>	<b>Main Stage</b>
<b>7.10pm - 7.40pm</b>	<b>Lauren Page</b>	<b>Main Stage</b>
<b>8pm</b>	<b>Gina Timms - Candlelight Ceremony</b>	<b>Main Stage</b>
<b>8.30pm - 8.45pm</b>	<b>Gina Timms</b>	<b>Main Stage</b>
<b>9.15pm - 9.45pm</b>	<b>Zac Weeks Band</b>	<b>Main Stage</b>
<b>11.30pm</b>	<b>Noise Curfew</b>	<b>EVERYWHERE</b>
<b>Sunday 8am - 8.30am</b>	<b>Ava Chamley</b>	<b>Main Stage</b>
<b>8.45am - 9am</b>	<b>Closing Ceremony</b>	<b>Main Stage</b>

# Activities Schedule

TIME	ACTIVITY	COST	LOCATION
1.15pm - 2pm	Survivors & Carers Afternoon Tea	FREE	Function Tent
1.30pm - 3.30pm	Come & Try Hockey with the City Marians Hockey Club	FREE	Activities Marquee
1.30pm - 3.30pm	BYO T2T Car - Come and build your own T2T car for the T2T car race with the Ulverstone Anglican Church Play Group	FREE	Activities Marquee
1.30pm - 3.30pm	Face Painting and Glitter Tattoos	\$2	Activities Marquee
2pm	Won Wig Walk	FREE	On Track
2.45pm	Mascot race - Get your 'Team Mascot' ready to race	FREE	On Track
5pm - 5.15pm	T2T Car Race	FREE	On Track
7pm	Mad Hatter Lap	FREE	On Track
8pm	Candle Ceremony	FREE	On Track
9pm	Silent Disco	\$5 per hour	Registration Tent
9pm	PJ Lap	FREE	On Track
11.30pm	NOISE CURFEW	FREE	EVERYWHERE
6.30am - 8.30am	Breakfast	Gold Coin	Function Tent
8.50am	Closing Ceremony	FREE	Main Stage
8.45am - 9am	Closing Ceremony	FREE	Main Stage

# Team Sites

Beyond Today	1 & 17	SHU Community Crew	37 & 45
All Night For The Fight	3 & 19	Marist Regional College 2026	39 & 47
Specsavers	4 & 20	507 Squadron AAFC	40 & 48
Kell's Family Ties	5 & 21	The Hancocks	65 & 49
Kentish Scout Group	6 & 22	Lions Club of Devonport Mersey	67 & 51
2 Fast 2 Unfit	7 & 23	Gloves Are off	68 & 52
JAM 26	8 & 24	Zeehan Roadrunners	69 & 53
The Brady Bunch	9 & 25	Mission Family	70 & 54
Purple Couch 3.0	10 & 26	Happy Feet	71 & 55
Lapping It Up	11 & 27	Port Sorel Lions Club / Mick's Mob	72 & 56
Foster's Music Centre	12 & 28	Devonport Childcare Centres	73 & 57
Choose Your Lane	13 & 29	Webster Trucks	74 & 58
Bootin Cancer	14 & 30	Marcol Construction	75 & 59
Family Links	15 & 31	Turn Around	76 & 60
Viridian Advisory	16 & 32	Team Wynfit	77 & 61
Geneva Christian College	33 & 41	Ridley Rascals 2026	78 & 62
Riverbend Youth Centre	34 & 42	Right On Cue	79 & 63
Leighlan Christian School	36 & 44	Cyst-A-Hood	80 & 64
Guides 4 Life	81	Cradle Coast MTB Club	83
Flying Emus	84 & 85	Nipples On Ripples	86
Hay Fitness	87		

# Site Map



Entrance/Exit Emergency exit only Evacuation Meeting Point Fire Extinguisher First Aid - St John Jones & Co Cleaners	Relay For Life track Activities locations Food & drink vendors Toilets Stadium light tower Team camp sites	Registration & Cancer Council Tasmania Info Purple Couch/Selfie booth Massage TasWater bottle refill stations Free sunscreen	Start line & ceremonies space Function tent Pedestrian Route Vehicle Route Clothes4Cancer PopUp Shop
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# Let's Get On Track

## CHECK IN

- Head to the Main Gate to check in and collect your wristband. If you need to register, please head straight to the Registration Tent.

## SLIP SLOP SLAP SEEK & SLIDE

- Prepare for the outdoors with sunscreen, wide brim hats, sun protective clothing and sunglasses. Seek shade when you're off the track and don't forget to reapply your sunscreen!

## GRAB SOME MERCH

- Head to the Merchandise Tent to purchase some merchandise with all funds supporting Cancer Council Tasmania.

## IMPORTANT INFORMATION

- In the event of an emergency, please proceed to the nearest assembly area and await direction from the Chief Fire Warden (insert name).
- Stay hydrated with the TasWater bottle refill stations, located near the Food Precinct.

## TRACK RULES

- Strictly no food, drink or gum on the track.
- Runners please stick to the inner 2 lanes. No walkers on these lanes.
- Alcohol, smoking and vaping are not permitted on site.
- Appropriate footwear is required on the track (please no thongs or heels).



## Leaving a legacy

Did you know that leaving just 1% of your estate in your Will - after you've cared for loved ones - to Cancer Council Tasmania can make a difference.

For a confidential, obligation-free chat contact Carissa, Manager - Donor Relationships on [chall@cancertas.org.au](mailto:chall@cancertas.org.au) or 6779 1110.

# Food and Beverage

We have a number of amazing local businesses on site providing food and drinks throughout the event. Head to the Food Precinct to support these local businesses who support Relay For Life.

<p><b>Canteen - Burnie Tigers Cheerleading</b> Sandwiches, rolls, hot chips, Burgers, cold drinks &amp; snacks 11am - 9pm East End Food Precinct</p>	<p><b>Cafe Addiction and More</b> Roast Rolls, Jacket Potatoes, Snacks, hot &amp; cold drinks 11am - 8pm East End Food Precinct</p>
<p><b>Split Milk &amp; Beans</b> Barista made Coffee, Hot Chocolate, Iced drinks, Teas, cold drinks &amp; snacks 11am - ALL NIGHT East End Food Precinct</p>	<p><b>Sweet Treats Ice-cream</b> Soft serve Ice-cream, Thick shakes &amp; other treats 12pm - 8pm East End Food Precinct</p>
<p><b>Grassy On The Go</b> Red Grasshopper Pizzas 4.30pm - 9pm East End Food Precinct</p>	<p><b>IGA, RFL Committee &amp; Penguin Football Club Brekkie</b> FREE Continental Breakfast Gold Coin Donation - Bacon &amp; Eggs 6.30am - 8.30am Function Tent</p>



Self catering is always welcome, especially for those with dietary requirements to ensure suitability. But no BBQ or open fire on track.

If your team is ordering a food delivery - ensure you provide a name and phone number for the order - delivery staff cannot walk the track searching for you and your team!



# Cancer Prevention

Did you know around one third of all cancers can be prevented through certain lifestyle choices? Our team is passionate about helping Tasmanians reduce their cancer risk with a focus on:

- Being SunSmart - reducing the risk of skin cancer by delivering presentations and coordinating the SunSmart program with Tasmanian schools and early childhood services.
- Encouraging early detection - through community education around cancer symptom awareness and promoting national cancer screening programs to find cancer early.
- Advocating - for healthy environments that support healthy eating, shade in public places and physical activity and reduce exposure to harmful substances such as alcohol, tobacco and vaping.
- Creating safer workplaces - by helping Tasmanian organisations understand the occupational cancer risks that may exist in their workplaces and how to reduce them.

We couldn't do this important work without the support of people like you who fundraise and donate - thank you!



**Protect yourself from UV damage.**

Download the SunSmart Global UV app to access local sun protection times!

12:08  
Launceston  
Sunny | 23°  
8:50 AM to 5:30 PM  
Sun protection recommended  
6:00 AM 9:00 PM  
Live UV Index  
Now 10.5 Max 12  
Protect yourself  
Slip Slop Slap Seek Slide  
This week



Vap3\_qt

1m ago

Rough day? I'm always here

Vap3\_qt

Now

I always make things better

Vap3\_qt

Now

U know u can't stay away

Vap3\_qt

1m ago

We're meant for each other

Vap3\_qt

1m ago

U sleep better when I'm around

Vap3\_qt

1m ago

Feeling down? I'll fix that

Vap3\_qt

2m ago

I know ur thinking about me

# DON'T LET VAPING IN

ADDICTION HAPPENS BEFORE YOU KNOW IT

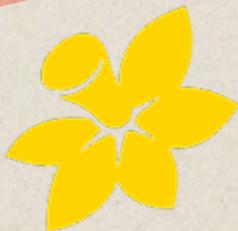
GET THE FACTS ABOUT VAPING AT  
[QUITTA.ORG.AU/DONTLETITIN](http://QUITTA.ORG.AU/DONTLETITIN)





SUPPORTING OUR

# HOMEGROWN Community



**Cancer  
Council**  
Tasmania



IGA Tasmania is proud to support  
Cancer Council Tasmania and Relay For Life.

**BECAUSE *Homegrown* IS BETTER**



[www.iga.tas.com.au](http://www.iga.tas.com.au)



# Sponsors & Supporters

## Event Sponsors



## Statewide Supporters



## Local Supporters

Banjós Burnie  
Athletics Tasmania & Burnie Athletics  
Document Management Tasmania  
Kombi Krew  
Minch Media  
Superior Food Services.

## Event Photos

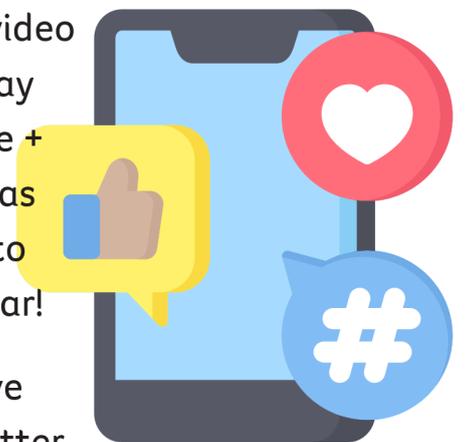
To be uploaded here post event.



## Share on Socials and WIN!

Post a photo or video from today's Relay with #relayforlife + tag us @cancertas for your chance to WIN a Dougal Bear!

The more creative your post, the better.





## Global Heroes of Hope

Global Heroes of Hope are cancer survivors or caregivers who have demonstrated a commitment to the mission of saving lives from the disease.

As highly visible symbols of a personal victory over cancer, they share their personal stories in a variety of settings to motivate others to fight back against the disease.

We'd like to acknowledge these wonderful Tasmanians who have all been recognised as a Global Hero of Hope.

**2012 Megan Graham 2018 Sue King 2023 Mel Nicholson**

**2023 Meredith Hepburn 2023 Tracy Roberts 2024 Louise Bland** 

**2025 Joe Birch**

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### Cancer Council Tasmania

**Hobart:** 15 Princes Street, Sandy Bay TAS 7005

**Launceston:** 69 Howick Street, Launceston TAS 7250

**Devonport:** Suite 2, 45 Best Street, Devonport TAS 7310

**Tel:** 1300 65 65 85 | **Email:** [infotas@cancertas.org.au](mailto:infotas@cancertas.org.au)

**Web:** [cancer.org.au/tas](http://cancer.org.au/tas) | [relayforlife.org.au](http://relayforlife.org.au)

